

# JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 Brackeyed Peas, Rice, + Ham	2 Lasagna	3 Mexican Pasta Bake	4 Chicken, Orzo, + broccoli	5 Meatloaf, Roasted Potatoes, Salad	6 Pizza	7 Spinach + Artichoke salmon Kid meal		
8 Spaghetti + Meatballs	9 Alfredo Pasta	10 Fajitas	11 Buttermilk Ranch Pasta	12 Chicken + stuffing + green beans	13 out	14 Pizadilla		
15 Chicken Pot Pie	16 Fried Rice	17 Enchilada Casserole	18 Sheet Pan Veggies + Sausage	19 Creamy Parm chicken Pasta (P)	20 Chili	21 Crab cakes Kid meal		
22 Red beans + Rice	23 Corn Chowder	24 Tacos	25 Pulgones Beef	26 out	27 Mushroom Soup	28 Pizza		
29 Cheesecake	30 Salmon Patties, cheese, grets, broccoli	31 Mexican Beef + Rice Casserole						
			December 2022 Su M Tu W Th F Sa 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	February 2023 Su M Tu W Th F Sa 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	Calendars by Vertex42.com © 2022 Vertex42 LLC. Free to print.			